The Family Tapestry: Navigating Relationships and Roles in Dementia Care

General Course

2 CE credits

Location: LIVE INTERACTIVE Webinar
Date: February 17, 2027
Time: 12pm – 2:10pm ET (10-minute break included)

Course Description: What a family looks like and how we feel about our family will look very different for each of us. For some, their family can be a primary source of relationship security. For others, their family could be a primary source of stress. Despite a family's differences, there is usually a shared understanding that family members rely on each other for emotional, physical, and economic support. However, those experiencing greater stress or toxicity from family members may choose to seek community elsewhere. Despite all this, when someone in the family receives a diagnosis of Alzheimer's or other dementia-related illness, family members are often forced to reunite, pull their resources together, and figure out how to work as a team. Even the most high-functioning families often struggle to navigate the changes in dynamics and relationships when addressing the care needed for a relative. This general course aims to teach attendees about the various types of familial relationships and roles to then effectively evaluate dynamics through illustrative assessment tools such as genograms and ecomaps. These thorough assessments will help to meet a family's overall goal of ensuring everyone works as a team to create meaningful living and quality of life for both the individual living with the illness as well as members of their care team. This live webinar is fully interactive. Attendees may ask and answer questions throughout the presentation and participate in instructor-led discussions, as well as case vignette discussions.

From this course attendees will be able to:

1. Define familial roles and relationship dynamics.
2. Describe how dementia-related illnesses can impact family dynamics.
3. Utilize assessment tools when evaluating familial strengths and challenges.

4. Apply strategies to improve communication and collaboration among family members.

Program Goals and Target Audience: To educate social workers, case managers, paraprofessionals, and health care professionals of all levels about dementia care and supporting those affected by dementia-related illnesses.

Content Level: Beginner, Intermediate

Presenter Bios:

Dr. Annette M. Hintenach, PhD, MSSW

Annette Marie Hintenach, PhD, MSSW, is the National Memory Screening Specialist at the Alzheimer's Foundation of America. She is a macro-trained gerontological social worker and Medicare expert with twenty-two years of experience in the field of aging. Dr. Hintenach has worked in various settings of care and has contributed to several national research and policy initiatives regarding healthcare access and entitlement programs. Additionally, she has extensive experience working for some of the largest and most complex healthcare systems in the country, including the Veterans Health Administration, Mount Sinai Health System, and NYU Langone Health. She holds a Bachelor's degree in English from the University of California, Los Angeles; a Master's degree in Social Work with a minor certificate in Law from Columbia University; and a Doctor of Philosophy degree in Social Work from Fordham University.

Linda Mockler, LMSW

Linda Mockler is the Senior Social Worker at AFA. She received her Master's degree in Early Childhood Development at the Antioch University Graduate School/New England, and her Master's degree in Social Work from the New York University Silver School of Social Work. She has co-authored several articles on different aspects of Alzheimer's disease and related dementias and has recently completed a comprehensive training manual for facilitating a grief and mourning caregiver support group. Linda has worked with older adults in varying capacities for over a decade, has started and facilitated programs and support groups for both caregivers and care partners, and created and facilitated a Memory Cafe Program at AFA. She is committed to providing supportive and creative programs for caregivers and care partners and helping to create communities for those whose lives have been impacted by dementia.

Fee and Registration Information: Cost is $25 and includes 2 CE credits.
To begin registration follow this link: https://alzfdn.org/professional-trainings/

Once the first step of payment process is completed a link will be emailed to register on the platform ZOOM. Attendees will receive a final email with a link to log on to the actual webinar at the specific start date and time. Registration remains open until start of the live webinar. Cancellations must be received 24 hours prior to the live webinar to receive a refund.

Course Completion and CE Information:

- Attendees are only eligible for CE credits if they attend the ENTIRE course
- Licensed social workers must attend the entire course and complete an online course evaluation. AFA will email all registrants who attended the entire course with a link to the evaluation which is completed through SurveyMonkey.
- Other professionals seeking CEs must also attend the entire course and complete the online evaluation.
- Certificates of completion will be emailed or mailed within 10 business days of course completion.

Alzheimer's Foundation of America, Inc. is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0222.

The Alzheimer's Foundation of America #1898, is approved as an ACE provider to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Regulatory boards are the final authority on courses accepted for continuing education credit. ACE provider approval period: 7/25/2024 – 7/25/2027. Social workers completing this course receive 2 general continuing education credits. **(Please note: New Jersey is not currently covered under our ASWB accreditation, please check back soon).**

For questions, concerns, or to request accessibility accommodations, please call: 866-232-8484 or email The AFA Education Team – education@alzfdn.org

System Requirements

- An internet connection – broadband wired or wireless (3G or 4G/LTE)
- Speakers and a microphone – built-in, USB plug-in, or wireless Bluetooth
- A webcam or HD webcam - built-in, USB plug-in, or:
    - An HD cam or HD camcorder with a video-capture card
      Note: See the list of supported devices.
    - Virtual camera software for use with broadcasting software like OBS or IP cameras
      Note: For macOS, Zoom client 5.1.1 or higher is required.

Supported operating systems

- macOS X with macOS X (10.10) or later

- Windows 11*
  ***Note**: Windows 11 is supported on version 5.9.0 or higher.
- Windows 10*
  ***Note**: Devices running Windows 10 must run Windows 10 Home, Pro, or Enterprise. S Mode is not supported.
- Windows 8 or 8.1
- Windows 7
- Ubuntu 12.04 or higher
- Mint 17.1 or higher
- Red Hat Enterprise Linux 6.4 or higher
- Oracle Linux 6.4 or higher
- CentOS 6.4 or higher
- Fedora 21 or higher
- OpenSUSE 13.2 or higher
- ArchLinux (64-bit only)

Supported tablet and mobile devices

- iOS and Android devices
- Blackberry devices
- Surface PRO 2 or higher, running Windows 8.1 or higher
  Notes:
- Tablet PCs running Windows 10 must run Windows 10 Home, Pro, or Enterprise. S Mode is not supported.
- Tablet PCs only support the desktop client.

Supported browsers

- **Windows**: Edge 12+, Firefox 27+, Chrome 30+
- **macOS**: Safari 7+, Firefox 27+, Chrome 30+
- **Linux**: Firefox 27+, Chrome 30+

High-DPI support

- High-DPI displays are supported in Zoom version 3.5 or higher

Bandwidth requirements

The bandwidth used by Zoom will be optimized for the best experience based on the participant‘s’ network. It will automatically adjust for 3G, WiFi, or wired environments.

Recommended bandwidth for meetings and webinar panelists:



- For 1:1 video calling:
    - For high-quality video: 600kbps (up/down)
    - For 720p HD video: 1.2Mbps (up/down)
    - For 1080p HD video: 3.8Mbps/3.0Mbps (up/down)
- For group video calling:
    - For high-quality video: 1.0 Mbps/600kbps (up/down)
    - For 720p HD video: 2.6Mbps/1.8Mbps (up/down)
    - For 1080p HD video: 3.8Mbps/3.0Mbps (up/down)
    - For gallery view receiving: 2.0Mbps (25 views), 4.0Mbps (49 views)
- For screen sharing only (no video thumbnail): 50-75kbps
- For screen sharing with video thumbnail: 50-150kbps
- For audio VoiP: 60-80kbps
- For Zoom Phone: 60-100kbps