

**AFA Barbara Rabinowitz  
Education & Resource Center**

# **Free Caregiver Support Groups**

**For Families Caring for Loved Ones With Dementia**



**Our caregiver support groups are led by a licensed social worker and offer a confidential space to gain coping skills and emotional support. Participants can create meaningful connections with other caregivers and feel empowered by a sense of community and caring.**

**For additional information and to register,  
call the Center at 631-223-4000.**

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631-223-4000 | 149 Schleigel Blvd., Amityville | [afalongisland.org](http://afalongisland.org)**