

Tapping into the Power of Emotional Memories

Clinical Course 2 CE credits

Location: LIVE INTERACTIVE Webinar

Date: August 20th, 2025

Time: 1:00pm – 3:10pm ET (10-minute break included)

Course Description: When remembering past events, sometimes it is difficult to recall details, yet the emotions we experienced at that time come flooding back. Triggered by our five senses-the smells, sights, sounds, tastes, and feelings teleport us back like it is happening in the here and now. These emotional memories remain intact for those living with Alzheimer's disease much longer than the details of short- and long-term memories. This course will explain how the emotion experienced from a positive or negative event for those living with Alzheimer's disease can persist well beyond memory for the event that originally caused the emotion. This knowledge can strengthen supports and approaches by highlighting the importance of generating positive emotions and acknowledging the emotional life of a person with Alzheimer's disease is alive and well. Participants will then learn how to tap into emotional memories by utilizing the five senses to strengthen connection and improve overall wellbeing for the person living with Alzheimer's disease. This course is fully interactive. Attendees may ask and answer questions throughout the presentation and participate in instructor-led discussions, as well as case vignette discussions, and a Q&A session at the end.

From this course you will be able to:

- 1. Define emotional memories and their impact on those with memory loss.
- 2. Explain the importance of generating positive emotions for those living with Alzheimer's disease.
- 3. Identify supportive approaches that generate positive emotions and avoid negative interactions.
- 4. Utilize the five senses to create interventions that can tap into emotional memories.

Program Goals and Target Audience: To educate social workers, case managers, paraprofessionals, and health care professionals of all levels about dementia care and supporting those affected by dementia-related illnesses.



Content Level: Beginner, Intermediate

Presenter Bio: Jennifer Reeder, LCSW, SIFI

Jennifer Reeder, LCSW, SIFI, is the director of education and social services of the Alzheimer's Foundation of America. She has worked as a licensed clinical social worker since 2011.

Fee and Registration Information: Cost is \$25 and includes 2 CE credits. To begin registration follow this link: <u>Alzheimer's Foundation of America</u> | <u>Dementia Care Professional Trainings & Educational Workshops</u>. Once the first step of payment process is completed a link will be emailed to register on the platform ZOOM. Attendees will receive a final email with a link to log on to the actual webinar at the specific start date and time. Registration remains open until start of the live webinar. Cancellations must be received 24 hours prior to the live webinar to receive a refund.

Course Completion and CE Information

Course completion requirements:

- Licensed social workers must attend the entire course and complete an online course evaluation. AFA will email all registrants who attended the entire course with a link to the evaluation which is completed through SurveyMonkey.
- Other professionals seeking CEs must also attend the entire course and complete the online evaluation.
- Certificates of completion will be emailed or mailed within 10 business days of course completion.
- Alzheimer's Foundation of America, Inc. is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0222.
- The Alzheimer's Foundation of America #1898, is approved as an ACE provider to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Regulatory boards are the final authority on courses accepted for continuing education credit. ACE provider approval period: 7/25/2024 7/25/2027. Social workers completing this course receive 2 continuing



education credits. (Please note: New Jersey is not currently covered under our ASWB accreditation, please check back soon).

For questions, concerns, or to request special accommodations, please call: 866-232-8484 or email education@alzdfdn.org.

System Requirements

- An internet connection broadband wired or wireless (3G or 4G/LTE)
- Speakers and a microphone built-in, USB plug-in, or wireless Bluetooth
- A webcam or HD webcam built-in, USB plug-in, or:
 - An HD cam or HD camcorder with a video-capture card
 Note: See the list of supported devices.
 - Virtual camera software for use with broadcasting software like OBS or IP cameras **Note**: For macOS, <u>Zoom client 5.1.1 or higher is required</u>.

Supported operating systems

- macOS X with macOS X (10.10) or later
- Windows 11*
 - *Note: Windows 11 is supported on version 5.9.0 or higher.
- Windows 10*
 - *Note: Devices running Windows 10 must run Windows 10 Home, Pro, or Enterprise. S Mode is not supported.
- Windows 8 or 8.1
- Windows 7
- Ubuntu 12.04 or higher
- Mint 17.1 or higher
- Red Hat Enterprise Linux 6.4 or higher
- Oracle Linux 6.4 or higher
- CentOS 6.4 or higher
- Fedora 21 or higher
- OpenSUSE 13.2 or higher
- ArchLinux (64-bit only)

Supported tablet and mobile devices

- <u>iOS and Android devices</u>
- Blackberry devices
- Surface PRO 2 or higher, running Windows 8.1 or higher Notes:



- Tablet PCs running Windows 10 must run Windows 10 Home, Pro, or Enterprise. S Mode is not supported.
- Tablet PCs only support the desktop client.

Supported browsers

Windows: Edge 12+, Firefox 27+, Chrome 30+
macOS: Safari 7+, Firefox 27+, Chrome 30+

• Linux: Firefox 27+, Chrome 30+

High-DPI support

High-DPI displays are supported in Zoom version 3.5 or higher

Bandwidth requirements

The bandwidth used by Zoom will be optimized for the best experience based on the participant's' network. It will automatically adjust for 3G, WiFi, or wired environments.

Recommended bandwidth for meetings and webinar panelists:

- For 1:1 video calling:
 - For high-quality video: 600kbps (up/down)
 - For 720p HD video: 1.2Mbps (up/down)
 - For 1080p HD video: 3.8Mbps/3.0Mbps (up/down)
- For group video calling:
 - For high-quality video: 1.0 Mbps/600kbps (up/down)
 - For 720p HD video: 2.6Mbps/1.8Mbps (up/down)
 - For 1080p HD video: 3.8Mbps/3.0Mbps (up/down)
 - For gallery view receiving: 2.0Mbps (25 views), 4.0Mbps (49 views)
- For screen sharing only (no video thumbnail): 50-75kbps
- For screen sharing with video thumbnail: 50-150kbps
- For audio VoiP: 60-80kbps
- For Zoom Phone: 60-100kbps