

# Reframing Agitation and Aggression to Responsive Behaviors

# General Social Work Practice Course 2 CE credits

Location: The Watermark at Brooklyn Heights 21 Clark St. Brooklyn, NY 10128 Date: March 18<sup>th</sup>, 2025

Time: 8:30am - 11:30am ET

Course Description: Individuals with Alzheimer's and other types of neurodegenerative diseases can experience occasional to frequent instances of agitation or aggression. Many may assume the person can control such behaviors, yet this is not the case. Neurodegenerative diseases affect the ability to comprehend situations and effectively communicate. By reframing agitation and aggression as responsive behaviors, the care partner supporting the individual with a neurodegenerative disease can help to identify what may be triggering the person, possibly their own approach or the environment, and the most effective ways to reduce distress through care, safety, and support. This course will utilize case vignettes and group discussions to explore common expressions of agitation and aggression, and what the person may be trying to communicate. Attendees will also learn about developing de-escalation strategies unique to the individual, and what should be included when developing a safety plan. This course is fully interactive. Attendees may ask and answer questions throughout the presentation and participate in instructor-led discussions, as well as case vignette discussions, and a Q&A session at the end.

### Agenda

8:30am – Breakfast and Registration

9:00am – Sponsor presentation

9:20am – 11:30pm Workshop (10 min break included)

#### From this workshop you will be able to:

1. Describe neurodegenerative disease's (NDD) effects on communication abilities and behaviors.



- 2. Explain responsive behaviors as expressions of an unmet need.
- 3. Categorize distressing behaviors into physical, social, and psychological needs.
- 4. List effective strategies when responding to an individual who is demonstrating agitation or aggression.
- 5. Demonstrate and practice effective de-escalation techniques for varying situations in which agitated or aggressive behaviors are being exhibited.

Content Level: Beginner and Intermediate

#### Presenter

Leah Daly MPH, CHES

Education Program Manager

Alzheimer's Foundation of America

Presenter Bio: Leah Daly, MPH, CHES, is the Education Program Manager at AFA. She's been featured on numerous television, radio, and online news platforms discussing Alzheimer's disease and other neurocognitive diseases. She's passionate about creating educational programming that is informative and compelling to any audience, no matter the topic. She especially enjoys facilitating trainings for the community and has worked in education, community capacity building, and public health for over a decade. She received her MPH from Columbia University and her B.S. in Environmental Public Health from the University of Michigan.

**Fee and Registration Information:** This in-person workshop is FREE. To register follow this link: <u>Alzheimer's Foundation of America</u> | <u>Dementia Care Professional Trainings & Educational Workshops (alzfdn.org)</u>

Cancellations are appreciated 24 hours in advance of the workshop.

Location: The Watermark at Brooklyn Heights

21 Clark St.

Brooklyn, NY 11201



## **Course Completion and CE Information**

Course completion requirements:

- Licensed social workers must attend the entire course and complete an online course evaluation which will be emailed to all attendees after the workshop.
- Other professionals seeking CEs must also attend the entire course and complete the online evaluation.

Certificates of completion will be emailed within 10 business days of course completion.

# **CE** Approvals

Alzheimer's Foundation of America, Inc. SW CPE is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0222.

This program has been pre-approved by The Commission for Case Manager Certification to provide continuing education credit to CCM® board certified case managers. The course is approved for 2 CE contact hours.

The Alzheimer's Foundation of America #1898, is approved as an ACE provider to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Regulatory boards are the final authority on courses accepted for continuing education credit. ACE provider approval period: 7/25/2024 – 7/25/2027. Social workers completing this course receive 2 continuing education credits. (Please note: New Jersey is not currently covered under our ASWB accreditation, please check back soon).

For questions, concerns, or to request special accommodations, please call: 866-232-8484 or email Leah Daly Ldaly@alzfdn.org



A big thank you to our sponsor!





