ALZHEIMER'S FOUNDATION OF AMERICA

Connecting Racial Disparities with Increased Cases of Alzheimer's Disease Among Black Americans

Cultural Competence Course
2 CE credits
Location: LIVE INTERACTIVE Webinar
Date: February 19th, 2025
Time: 1:00pm – 3:10pm ET
(10-mintue break included)

Course Description: Despite the progress we've made towards the eradication of racial inequality, racial health disparities remain. Recent studies have shown there is a higher rate of Alzheimer's disease among BIPOC, particularly African Americans and Latinos, but why is this? In this LIVE INTERACTIVE webinar we discuss social and cultural competency in dementia care while exploring the potential risk factors that increase the likelihood of Alzheimer's and neurodegenerative disease. We focus especially on the effects of racial traumatic stress on the brain. Some of the factors, also known as "social determinants of health", can lead to negative brain effects. Some examples of the social determinants of health are housing or food insecurity, educational disparities, medical discrimination, and daily racial microaggressions. Finally, we discuss how to incorporate these concepts into practical, every-day suggestions for your work. This course is fully interactive. Attendees may ask and answer questions throughout the presentation and participate in instructor-led discussions, as well as case vignette discussions, and a Q&A session at the end.

From this course you will be able to:
1. Summarize the basic symptoms and risk factors of Alzheimer's disease.
2. Discuss and describe possible effects of untreated, racial trauma among older adults with respect to cognitive health.
3. Describe the importance of screening for Post-Traumatic Stress Disorder among older adults.
4. Explain the term "social determinants of health" in your own words.

Program Goals and Target Audience: To educate social workers, case managers, paraprofessionals, and health care professionals of all levels about dementia care and supporting those affected by dementia-related illnesses.

Content Level: Intermediate, Advanced

Presenter Bio: Olivia Thomas, MPH

Olivia is the Education Program Coordinator at AFA. Olivia obtained a Master's Degree in Public Health from George Washington University. She graduated from St. John Fisher University with a Bachelor's Degree in International studies and minors in Psychology and Ethics. She is enthusiastic about providing compassionate care, advocating for members of vulnerable populations, health equity, eliminating health disparities and addressing social determinants of health. Olivia is passionate about improving the senior living industry. She assesses and partners with senior living facilities, coordinating AFA's Excellence in Care Program ensuring facilities serving families and individuals with Alzheimer's Disease and related dementias are receiving safe, person centered, and quality care.

Presenter Bio: Shontaé, MHA, CDP

Shontaé serves as the Therapeutic Program Specialist at AFA. She holds a Master's Degree in Health Care Administration from Monroe College and a Bachelor's Degree in Music Therapy from Converse College. With extensive experience working in both residential memory support and geriatric care settings, Shontaé has a strong background as a recreation therapist and musician. She is deeply passionate about using music and therapeutic recreational programs to support individuals with neurodegenerative disorders and intellectual disabilities. She is also a dedicated advocate for advancing holistic care, ensuring that both patients and their caregivers receive the support they deserve.

Fee and Registration Information: Cost is $25 and includes 2 CE credits. To begin registration follow this link: [Alzheimer's Foundation of America | Dementia Care Professional Trainings & Educational Workshops (alzfdn.org)](alzfdn.org). Once the first step of payment process is completed a link will be emailed to register on the platform ZOOM. Attendees will receive a final email with a link to log on to the actual webinar at the specific start date and time. Registration remains open until start of the live webinar. Cancellations must be received 24 hours prior to the live webinar to receive a refund.

Course Completion and CE Information

Course completion requirements:

- Licensed social workers must attend the entire course and complete an online course evaluation. AFA will email all registrants who attended the entire course with a link to the evaluation which is completed through SurveyMonkey.
- Other professionals seeking CEs must also attend the entire course and complete the online evaluation.

- Certificates of completion will be emailed or mailed within 10 business days of course completion.

- Alzheimer's Foundation of America, Inc. is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0222.

- The Alzheimer's Foundation of America #1898, is approved as an ACE provider to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Regulatory boards are the final authority on courses accepted for continuing education credit. ACE provider approval period: 7/25/2024 – 7/25/2027. Social workers completing this course receive 2 continuing education credits. (Please note: New Jersey is not currently covered under our ASWB accreditation, please check back soon).

For questions, concerns, or to request special accommodations, please call: 866-232-8484 or email Jennifer Reeder – jreeder@alzfdn.org.

System Requirements

- An internet connection – broadband wired or wireless (3G or 4G/LTE)
- Speakers and a microphone – built-in, USB plug-in, or wireless Bluetooth
- A webcam or HD webcam - built-in, USB plug-in, or:
    - An HD cam or HD camcorder with a video-capture card
      Note: See the list of supported devices.
    - Virtual camera software for use with broadcasting software like OBS or IP cameras
      Note: For macOS, Zoom client 5.1.1 or higher is required.

Supported operating systems
- macOS X with macOS X (10.10) or later
- Windows 11*
  *Note: Windows 11 is supported on version 5.9.0 or higher.
- Windows 10*
  *Note: Devices running Windows 10 must run Windows 10 Home, Pro, or Enterprise. S Mode is not supported.
- Windows 8 or 8.1
- Windows 7
- Ubuntu 12.04 or higher
- Mint 17.1 or higher
- Red Hat Enterprise Linux 6.4 or higher
- Oracle Linux 6.4 or higher
- CentOS 6.4 or higher

- Fedora 21 or higher
- OpenSUSE 13.2 or higher
- ArchLinux (64-bit only)

Supported tablet and mobile devices

- iOS and Android devices
- Blackberry devices
- Surface PRO 2 or higher, running Windows 8.1 or higher
  Notes:
- Tablet PCs running Windows 10 must run Windows 10 Home, Pro, or Enterprise. S Mode is not supported.
- Tablet PCs only support the desktop client.

Supported browsers

- **Windows**: Edge 12+, Firefox 27+, Chrome 30+
- **macOS**: Safari 7+, Firefox 27+, Chrome 30+
- **Linux**: Firefox 27+, Chrome 30+

High-DPI support
- High-DPI displays are supported in Zoom version 3.5 or higher

Bandwidth requirements
The bandwidth used by Zoom will be optimized for the best experience based on the participant's' network. It will automatically adjust for 3G, WiFi, or wired environments.

Recommended bandwidth for meetings and webinar panelists:

- For 1:1 video calling:
  - For high-quality video: 600kbps (up/down)
  - For 720p HD video: 1.2Mbps (up/down)
  - For 1080p HD video: 3.8Mbps/3.0Mbps (up/down)
- For group video calling:
  - For high-quality video: 1.0 Mbps/600kbps (up/down)
  - For 720p HD video: 2.6Mbps/1.8Mbps (up/down)
  - For 1080p HD video: 3.8Mbps/3.0Mbps (up/down)
  - For gallery view receiving: 2.0Mbps (25 views), 4.0Mbps (49 views)
- For screen sharing only (no video thumbnail): 50-75kbps
- For screen sharing with video thumbnail: 50-150kbps
- For audio VoiP: 60-80kbps
- For Zoom Phone: 60-100kbps