



AFA Partners in Care: Supporting Individuals Living with Dementia

General Course

6 CE Credits and

Certification as an AFA Dementia Care Partner

Location: Northwood Hills Baptist Church

3463 Highway 69N

Northport, AL 35473

Date: *February 6th, 2025*

Time: 9:00am – 4:00pm CST

Hosted and Sponsored by: Area Agency on Aging West Alabama

To register: <https://alzfdn.org/event/afa-partners-in-care-supporting-individuals-living-with-dementia-2/>

Detailed course description

AFA Partners in Care: Supporting Individuals Living with Dementia seeks to equip myriad health care professionals with the skills, knowledge, and confidence needed to work effectively with individuals living with dementia, their families, and colleagues.

This training program reflects a philosophy of care that the Alzheimer's Foundation of America (AFA) strongly supports: that which is focused on relationship-building. This person-centered approach to care values and promotes the unique strengths, goals, and humanity of each individual, involves interdisciplinary collaboration among care providers, and places individuals with dementia and their families at the center of decision-making. Through encouraging attendees to reflect upon their experiences working with this population, professional strengths and areas for professional growth, the workshop seeks to foster mindfulness, introspection, and critical thinking.

Statement of educational goals of program

“AFA Partners in Care: Supporting Individuals Living with Dementia” seeks to:

- Provide a foundational knowledge of dementia;
- Convey the diversity in the dementia experience;
- Convey the humanity of people living with dementia;
- Convey that people living with dementia have the right to attain the highest quality of life possible, to be treated with respect and dignity, and to be given choice in how they live and die;



- Convey that relationships are at the core of dementia care; care partners should partner with people living with dementia, family members, and colleagues to support the person and promote quality of life;
- Convey that a relational model of dementia care relies on all parties in the relationship bringing strengths the fore (rather than dwelling on deficiencies)
- Convey that working with people who are living with dementia can be rich and meaningful career path
- Develop viewer's capacity to reflect upon their experiences with dementia and dementia care and to convey that ongoing reflection is a core aspect of dementia care
- Provide practical and accessible strategies and techniques to promote and achieve the abovementioned, specifically in regards to:
 - i. Health
 - ii. Well being
 - iii. Communication
 - iv. Collaboration
 - v. Personal care
 - vi. Care transitions
 - vii. Safety and security
 - viii. End of life

From this workshop you will be able to:

1. Develop a foundational understanding of dementia-related illnesses
2. Build therapeutic relationships with those affected by dementia-related illnesses
3. Define the importance of facilitating meaningful life
4. Identify effective communication strategies
5. Apply appropriate strategies for responding to distressing behaviors
6. Explain the importance of self-care for professionals

Content Level: Beginner, Intermediate, Advanced

Course Agenda:

9:00am – 9:15am – Sign in and collect materials for the course

9:15am – 10:15am – Module 1: Building Relationships

10:15am – 11:15am – Module 2: Understanding Dementia

11:15am – 11:30am – Break

11:30am – 12:30pm – Module 3: Facilitating Meaningful Living

12:30pm – 1:30pm – Module 4: Understanding Communication (working lunch)

1:30pm – 2:00pm – Module 5: Facilitating Personal Care

2:00pm – 2:30pm – Module 6: Promoting Safety and Security

2:30pm – 2:45pm - Break

2:45pm – 3:15pm – Module 7: Care Transitions

3:15pm – 3:30pm – Module 8: End of Life

3:30pm – 3:45pm – Module 9: Self-Care

3:45pm – 4:00pm – Final thoughts and questions



Program Goals and Target Audience: To educate CCM board-certified case managers, social workers, paraprofessionals, and health care professionals of all levels about dementia care and supporting those affected by dementia-related illnesses.

Presenter Bio: Jennifer Reeder, LCSW, SIFI

Jennifer Reeder is the Director of Education and Social Services for the Alzheimer's Foundation of America. This includes overseeing AFA's National Toll-Free Helpline staffed by licensed social workers, and community class programs all instructed by various therapists and educators. Ms. Reeder graduated in 2011 from Temple University with a Masters of Social Work, and entered the not-for-profit sector providing in-home therapy to families in the Philadelphia area for over 9 years. She is proud to now be supporting individuals and families affected by Alzheimer's and dementia-related illnesses while providing clinical guidance to the licensed social workers of AFA. She encourages engagement and peer support from attendees, while drawing from real life situations to enhance the learning process.

Fee and Registration Information: Registration is FREE but *Seating is limited!*

To learn more and register follow this link: [Alzheimer's Foundation of America | AFA Partners in Care: Supporting Individuals Living with Dementia \(alzfdn.org\)](https://www.alzfdn.org)

Course Completion, Certification and CE Information

Course completion requirements:

- All of those who attend the entire workshop and complete the Course Evaluation and Course Exam will earn 6 CE credits and **Distinction as an AFA Dementia Care Partner!!** This certification is recognized by health care organizations throughout the United States and can be annually renewed.
- 6 CE credits available to:
 - Social Workers
 - Certified Case Managers
 - Nursing Home Administrators
 - Assisted Living Administrators

For questions, concerns, or to request special accommodations, please call: 866-232-8484 or email Jennifer Reeder – jreeder@alzfdn.org.

“The Alzheimer's Foundation of America #1898, is approved as an ACE provider to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Regulatory boards are the final authority on courses accepted for continuing education credit. ACE provider approval period: 7/25/2024 – 7/25/2027. Social workers completing this course receive 2 continuing education credits.”