Tuesday | 4/2
**Piano Concert with Adam**

Join pianist Adam Narimatsu as he performs an impromptu concert of jazz and pop favorites. Every performance features a new set list and dazzling musicianship (and maybe some singing, too!). Audience members are welcome to make requests and encouraged to clap or sing along. Sit back, relax and enjoy the music.

Wednesday | 4/3
**Art Appreciation with Arts & Minds**

Take time to experience art with others. Join AFA and Arts & Minds for an engaging experience. Art activates the senses, stimulates the brain and enlivens the imagination. In this session, a work of art from an NYC museum collection will be viewed and discussed. After, you will have opportunities to express yourself through your own artwork.

Thursday | 4/4
**Thursday Jazz with The Anthony Ferrara Jazz Trio**

AFA welcomes you to our Education and Resource Center for some beautiful music, presented by the Anthony Ferrara Jazz Trio. Enjoy the sweet, familiar sounds of jazz in a relaxing atmosphere.
Monday | 4/8
**An Afternoon with Therapy Dogs**

AFA in collaboration with The Good Dog Foundation will offer an hour-long therapy dog session that will fill your soul as they comfort you in AFA’s Education and Resource Center.

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Tuesday | 4/9
**Orpheus Chamber Orchestra Performance**

Join us in AFA’s Education and Resource Center for an afternoon filled with classical music performed by The Orpheus Chamber Orchestra. Orpheus Reflections™ brings the healing power of music to people living with Alzheimer’s disease and other forms of dementia and their caregivers. Music can bring emotional and physical closeness, help to ease stress and encourage positive interactions. This performance will include a string trio of Orpheus musicians performing works by Haydn, Beethoven, Schubert, Dvořák and a selection of songs from the Great American Songbook.

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Wednesday | 4/10
**Dance & Movement with AFA's Jackie**

Join AFA’s manager of therapeutic programing, Jackie Gatto, MS, R-DMT, CDP, for a rhythmic and uplifting afternoon of dance and movement to awaken the body and inspire the soul, both sitting in chairs and standing. A variety of props will be used to encourage you to move your body in different ways, while enticing creativity. No prior dance experience necessary. Please wear comfortable clothing and secure shoes.

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Thursday | 4/11
**Exploring the Intrepid Museum at AFA**

Join the Intrepid Museum in AFA’s Education and Resource Center. In this session, you will experience a multi-sensory experience that includes
artmaking, music, sharing stories, exploring historic photographs and handling historic objects.

Monday | 4/15
**Puppetry Performance with Lucky Duck Puppets**
Join AFA in partnership with Lucky Duck Puppets for a fun, energizing and engaging afternoon of puppetry. During this session, you will have opportunities to interact during the performance and learn all about the history of this ancient art form. Let’s get creative and playful with puppetry!

Tuesday | 4/16
**Broadway Hour with Sing for Your Seniors**
Join AFA and Sing for Your Seniors for an afternoon filled with heartwarming Broadway music. Sing For Your Seniors sessions are customized, live musical concerts that help make meaningful connections with the community. Multiple SFYS performing artists will share 45 minutes of songs and stories accompanied by a pianist, creating a diverse program and joyful environment. Following the session, you will have the opportunity to engage in a 15-minute “meet & mingle” social time with the performers.

Wednesday | 4/17
**Poetry Café with AFA’s Jackie**
To celebrate Poetry Month, we welcome you to the Poetry Café, where creativity flows freely. Led by AFA's Jackie in the vibrant AFA Teal Room, this session invites you to play with words and unleash your poetic spirit. Whether you're a budding poet or just looking for fun, you'll enjoy a lively poetry activity, laughter and refreshments. Join us for an inspiring afternoon of verse and camaraderie. Don't miss out on this unique blend of poetry and play.

Thursday | 4/18
**Creative Arts with Jodie: Listen and Draw**
Join recreational therapist Jodie Berman, MS, CTRS, CMDCP, for an afternoon of creative arts. Listen and Draw is a music-inspired art session where you will experience how we visually and emotionally respond to different genres of music. Drawing to music is inspired by Expressionist artist Wassily Kandinsky, and how his perceptions of color and sound can be reflected through art. We will engage in experiential exercises using a variety of creative materials and experience how multi-sensory perceptions can be interpreted through art and music. Listen and Draw will provide an opportunity to express yourself creatively, sing along to holiday music, reminisce and dance with friends.

Monday | 4/22
TimeSlips with Linda

Celebrate Broadway and get in where you fit in. Join Linda Cholodenko, a musical theatre veteran and certified teaching artist, for an afternoon of show tunes and creativity. In each session you will warm up by singing along to familiar Broadway hits and follow fun and simple movement instructions. Each session will close with TimeSlips, an activity where we become storytellers through creative and imaginative discovery. This program is accessible and open to all.

Tuesday | 4/23
An Afternoon of Music with Concerts in Motion

Join AFA for an afternoon of reminiscence and music with Concerts in Motion, a New York City-based 501(c)(3) not-for-profit organization that provides uplifting music that transforms lives, brings back memories and makes anywhere feel like home.

Wednesday | 4/24
Glass Creations with Naomi

Join fused-glass art instructor Naomi Rabinowitz for an engaging and fun glass art class. You will create easy-to-make pieces using pre-cut glass, available in hundreds of beautiful colors. Naomi will guide you through simple
instructions and then fire your creation in her kiln at home. After this process, you will be contacted to pick up your completed piece of jewelry in the Education and Resource Center.

Thursday | 4/25
**Gardening Class with Sallie: Pansies, Spring Flowers & Memories**

Join horticultural therapist Sallie Stutz for a springtime gardening class. In this session we will learn about flowers that bloom in this beautiful season. We’ll look at early Spring flowers and share a memory. Maybe it’s an Easter plant or Cherry Blossom walk? Sallie will present some flowers to look at, feel and smell. We will also talk about how they are alike and different. Pansies will be the highlight of this class. Everyone will plant their own and take one home.

Monday | 4/29
**Movie Matinee: Seven Brides for Seven Brothers**
*Film duration: 1h 45m*

Dive into the spirited world of "Seven Brides for Seven Brothers," a musical delight set in 1850s Oregon. Watch as a backwoodsman and his six brothers embark on a humorous quest for love, filled with catchy tunes and lively dance numbers. Will their approach to finding brides succeed? Catch this heartwarming adventure at our Movie Matinee in the AFA Teal Room, complete with refreshments. Will love triumph in the end? Join us to find out.

Tuesday | 4/30
**Reiki & Meditation with Stephanie**

Start your week with relaxation. Join us at AFA for Reiki & meditation guided by Reiki Master Stephanie Gregoire-Drakes. In this session, you will experience the healing powers of Reiki and relaxation offered through meditation.