March 2024
AFA Teal Room Community Classes
322 8th Ave | 7th floor | New York, NY 10001

All classes are scheduled from 2:30 p.m. - 3:30 p.m.
[Unless otherwise stated]

Monday | 3/4
March Movie Madness: Guess Who's Coming to Dinner
Film duration: 1h 48m

Prepare for a riveting cinematic feast for the AFA Teal Room's March Movie
Madness marathon. *Guess Who's Coming to Dinner* unfolds a tale of love and
societal challenges, but as the plot thickens, the dinner table becomes a stage for
secrets and revelations that will leave you on the edge of your seat. Come to the
AFA Teal Room to listen in on these classified dinner conversations. Refreshments
will be served.

Tuesday | 3/5
Irish Step Dance Performance with The New York Studio of Irish Step Dance

Join AFA for a breathtaking performance by The New York Studio of Irish Step
Dance. The professional dance company is comprised of accomplished champion
dancers who have performed at numerous venues. Get into the St. Patrick’s Day
spirit and enjoy some incredible Irish step dancing in AFA’s Education and
Resource Center. There will be a Q&A at the end of the performance. Bring your
questions!

Thursday | 3/7
Thursday Jazz with The Anthony Ferrara Jazz Trio

AFA welcomes you to our Education and Resource Center for some beautiful
music, presented by the Anthony Ferrara Jazz Trio. Enjoy the sweet, familiar
sounds of jazz in a relaxing atmosphere.
Monday 3/11

**March Movie Madness: *Easter Parade***

*Film duration: 1h 47m*

Join us in the AFA Teal Room for our March Movie Madness marathon as *Easter Parade* brings a touch of old Hollywood glamour. The streets of New York set the stage for a dazzling musical, but beneath the sparkle lies a tale of unexpected partnerships and surprising twists. Will the parade lead to a grand finale or an unexpected encore? Come to the AFA Teal Room to find out. Refreshments will be served.

Wednesday | 3/13

**Glass Creations with Naomi**

Join fused-glass art instructor Naomi Rabinowitz for an engaging and fun glass art class. You will create easy-to-make pieces using pre-cut glass, available in hundreds of beautiful colors. Naomi will guide you through simple instructions and then fire your creation in her kiln at home. After this process, you will be contacted to pick up your completed piece of jewelry in the Education and Resource Center.

Thursday | 3/14

**Beyond Bingo with Jodie**

Step into the world of Beyond Bingo with Recreational Therapist Jodie Berman, MS, CTRS, CMDCP. This is not your typical bingo – it's a joyful and fun experience where everyone can play and win. In this Bingo-inspired game, we will use words, pictures and images that spark conversations, laughter and fond memories. Every game is a delightful journey, making Beyond Bingo the most engaging and inclusive bingo experience for everyone involved. Every session you will be presented with a new theme. What theme will it be this month? Join us at AFA to find out.
Monday | 3/18
**March Movie Madness: The Secret Garden**

*Film duration: 1h 41m*

Join us for an enchanting film to salute the start of spring for the AFA Teal Room's March Movie Madness marathon. *The Secret Garden* unveils a world of mystery and magic. As young Mary Lennox discovers a hidden sanctuary, she unravels secrets that intertwine the lives of those around her. But the true magic lies in the unresolved mysteries waiting to blossom. Can you unlock the garden's final secret? Come to the AFA Teal Room to uncover this mystical mystery. Refreshments will be served.

Tuesday | 3/19
**Gardening Class with Sallie: All About Shamrocks & Other Green Plants**

Join horticultural therapist Sallie Stutz for a St. Patrick’s Day gardening class. In this session, we will learn about St. Patrick’s Day, the traditions and special happenings. We will also explore why green is associated with the holiday and learn about shamrock plants. Sallie will demonstrate how to pot your own St. Patrick’s Day-inspired plant and you will have the opportunity to make your own.

Wednesday | 3/20
**Broadway Concert with The Caravan of Angels**

Join AFA for a Broadway music performance with The Caravan of Angels. The Caravan of Angels Foundation is a nonprofit organization that makes theater more accessible by bringing professional singers into the community to perform a variety of familiar Broadway and other well-known songs. Sing along and enjoy some beautiful Broadway hits.

Thursday | 3/21
**Creative Arts with Jodie: Listen and Draw**

Join recreational therapist Jodie Berman, MS, CTRS, CMDCP, for an afternoon of creative arts. Listen and Draw is a music-inspired art session where you will
experience how we visually and emotionally respond to different genres of music. Drawing to music is inspired by Expressionist artist Wassily Kandinsky, and how his perceptions of color and sound can be reflected through art. We will engage in experiential exercises using a variety of creative materials and experience how multi-sensory perceptions can be interpreted through art and music. Listen and Draw will provide an opportunity to express yourself creatively, sing along to holiday music, reminisce and dance with friends.

Monday | 3/25

**March Movie Madness: Take Me Out to the Ball Game**

*Film duration: 1h 33m*

Batter up for the AFA Teal Room's March Movie Madness marathon with *Take Me Out to The Ball Game* to celebrate Opening Day. Join the baseball antics and musical melodies, but as the players step up to the plate, a curveball is thrown that changes the game. Will this unexpected twist hit a home run or strike out the harmony of America's favorite pastime? Slide into the AFA Teal Room to catch this grand slam of a surprise. Refreshments will be served.

Tuesday | 3/26

**Reiki & Meditation with Stephanie**

Start your week with relaxation. Join us at AFA for Reiki & meditation guided by Reiki Master Stephanie Gregoire-Drakes. In this session, you will experience the healing powers of Reiki and relaxation offered through meditation.

Wednesday | 3/27

**Art Appreciation with Arts & Minds**

Take time to experience art with others. Join AFA and Arts & Minds for an engaging experience. Art activates the senses, stimulates the brain and enlivens the imagination. In this session, a work of art from an NYC museum collection will be viewed and discussed. After, you will have opportunities to express yourself through your own artwork.
Thursday | 3/28

**Visual Arts with Julian: Collage and Image Transfer**

Join Julian Klepper, visual artist and filmmaker, for an engaging visual arts session. In this class, you will create unique pieces of artwork through collaging with tissue paper. In this process, you will use a technique known as image transfer to imbue the collages with meaning and personal significance. Opportunities for discussion and sharing will occur throughout the session. This class uses art in a therapeutic manner, aiming to help express emotions, work on motor skills, create social bonds and connect with others.