Tuesday | 9/5
**Piano Concert with Adam**
2:30 p.m. – 3:30 p.m.

Join pianist Adam Narimatsu as he performs an impromptu concert of jazz and pop favorites. Every performance features a new set list and dazzling musicianship (and maybe some singing, too!). Audience members are welcome to ask for requests and encouraged to clap or sing along. Sit back, relax and enjoy the music.

Wednesday | 9/6
**Dance & Movement with AFA's Jackie**
2:30 p.m. – 3:30 p.m.

Join AFA's manager of therapeutic programing, Jackie Gatto, MS, R-DMT, CDP, for a rhythmic and uplifting afternoon of dance and movement to awaken the body and inspire the soul, both sitting in chairs and standing. A variety of props will be used to encourage you to move your body in different ways, while enticing creativity. No prior dance experience necessary. Please wear comfortable clothing and secure shoes.

Thursday | 9/7
**Thursday Jazz with The Anthony Ferrara Jazz Trio**
2:30 p.m. – 3:30 p.m.
AFA welcomes you to our Education and Resource Center for some beautiful music, presented by the Anthony Ferrara Jazz Trio. Enjoy the sweet, familiar sounds of jazz in a relaxing atmosphere.

Monday | 9/11
An Afternoon with Therapy Dogs
2:30 p.m. – 3:30 p.m.
AFA in collaboration with The Good Dog Foundation will offer an hour-long therapy dog session that will fill your soul as they comfort you in AFA’s Education and Resource Center.

Tuesday | 9/12
Glass Creations with Naomi
2:30 p.m. – 3:30 p.m.
Join fused-glass art instructor Naomi Rabinowitz for an engaging and fun glass art class. You will create easy-to-make pieces using pre-cut glass, available in hundreds of beautiful colors. Naomi will guide you through simple instructions and then fire your creation in her kiln at home. After this process, you will be contacted to pick up your completed piece of jewelry in the Education and Resource Center.

Wednesday | 9/14
Gardening Class with Sallie: Late Summer & Early Fall Flowers
2:30 p.m. – 3:30 p.m.
Horticultural therapist Sallie Stutz will lead an enriching gardening class. We will engage in an active discussion as we learn all about late summer to early fall flowers, such as sunflowers, asters and zinnias. Sallie will present a few geranium plants, while discussing how they grow and how to care for them. Everyone will plant their own flowering plant or arrangement to take home.
Tuesday | 9/19
**Art Appreciation with Arts & Minds**
2:30 p.m. – 3:30 p.m.

Take time to experience art with others. Join AFA and Arts & Minds for an engaging art experience. Art activates the senses, stimulates the brain and enlivens the imagination. In this session, a work of art from an NYC museum collection will be viewed and discussed. After, you will have opportunities to express yourself through your own artwork.

Thursday | 9/21
**Fun & Games with Jodie: 5 Senses Jeopardy**
2:30 p.m. – 3:30 p.m.

Join recreational therapist Jodie Berman, MS, CTRS, CMDCP, for an afternoon of fun and games. Experience a variety of sights, songs, tastes, textures and scents in this fun and interactive game, inspired by the popular show *Jeopardy*. Players will be encouraged to participate in a variety of ways where they can play to win or just have fun. Join us for an hour of engagement that stimulates all five senses in a social and supportive environment. Upon registration, please contact AFA if you have any questions regarding food allergies and/or restrictions.

Monday | 9/25
**TimeSlips with Linda**
2:30 p.m. – 3:30 p.m.

Celebrate Broadway and get in where you fit in. Join Linda Cholodenko, a musical theatre veteran and certified teaching artist, for an afternoon of showtunes and creativity. In each session you will warm up by singing along to familiar Broadway hits and follow fun and simple movement instructions. Each session will close with TimeSlips, an activity where we become storytellers through creative and imaginative discovery. This program is accessible and open to all.
Tuesday | 9/26
Reiki & Meditation with Stephanie
2:30 p.m. – 3:30 p.m.

Start your week with relaxation. Join us at AFA for Reiki & meditation guided by Reiki Master Stephanie Gregoire-Drakes. In this session, you will experience the healing powers of Reiki and relaxation offered through meditation.

Wednesday | 9/27
Broadway Concert with The Caravan of Angels
2:30 p.m. – 3:30 p.m.

Join AFA for a Broadway music performance with The Caravan of Angels. The Caravan of Angels Foundation is a nonprofit organization that makes theater more accessible by bringing professional singers into the community to perform a variety of familiar Broadway and other well-known songs. Sing along and enjoy some beautiful Broadway hits.

Thursday | 9/28
Creative Arts with Jodie: Listen and Draw
2:30 p.m. – 3:30 p.m.

Join recreational therapist Jodie Berman, MS, CTRS, CMDCP, for an afternoon of creative arts. Listen and Draw is a music-inspired art session where you will experience how we visually and emotionally respond to different genres of music. Drawing to music is inspired by Expressionist artist Wassily Kandinsky, and how his perceptions of color and sound can be reflected through art. We will engage in experiential exercises using a variety of creative materials and experience how multi-sensory perceptions can be interpreted through art and music.