



# **Aging Through Traumatic Stress: Analyzing the Effects of Traumatic Stress and Race on Alzheimer's Disease**

## **Social and Cultural Competence Course**

Location: LIVE INTERACTIVE Webinar

Date: June 29, 2021

Time: 5:30pm – 7:30pm ET

**Course Description:** Recent studies have shown there is a higher rate of Alzheimer's Disease among BIPOC, particularly African Americans and Latinos. This LIVE INTERACTIVE Webinar workshop teaches social and cultural competency in dementia care while exploring the potential risk factors that increase the likelihood of dementia, especially from the effects of racial traumatic stress on the brain. This encompasses healthcare disparities, housing and food insecurity, and racial microaggressions experienced on a daily basis. Outcomes from the studies discussed exemplifies the need for additional research, and the development of specialized screening tools for racial trauma among older adults. This workshop is fully interactive. Attendees may ask and answer questions throughout the presentation and participate in instructor-led discussions, as well as case vignette discussions, and a Q&A session at the end.

### **From this workshop you will learn to:**

1. Develop a foundational understanding of dementia-related illnesses.
2. Demonstrate the effects of untreated psychological trauma among older adults with dementia.
3. Recognize the importance of screening for Post-Traumatic Stress Disorder among older adults.
4. Identify effective interventions to treat Post-Traumatic Stress Disorder, and when it is appropriate for older adults with dementia.

### **Course Agenda:**

5:30pm-5:45pm – Gain foundational understanding of Alzheimer's disease which includes risk factors and who is most susceptible.

5:45pm-6:30pm – Explore disparities among Americans, and highlight discrimination for BIPOC.

6:30pm-7:15pm – Learn about trauma, race-based traumatic stress, and how cumulative trauma affects older BIPOC – increasing the risk of dementia.

7:15pm-7:30pm – Examine the need for additional research and clinical interventions including screening tools specific to race-based traumatic stress.



**Program Goals and Target Audience:** To educate CCM board-certified case managers, social workers, paraprofessionals, and health care professionals of all levels about dementia care and supporting those affected by dementia-related illnesses.

**Content Level:** Beginner, Intermediate

**Presenter Bio: Acanthus Fairley, LCSW**

Acanthus Fairley is a graduate of the Silberman School of Social Work at Hunter College and Pace University where she received her Masters of Social Work and Bachelors of Arts in Psychology and Women Studies. Acanthus' career has been a combination of dedication to the geriatric population and health care, having worked at the Vera Institute of Justice's Guardianship Project, Mount Sinai Medical Center as a medical social worker and Employee Assistance Counselor and the Alzheimer's Foundation of America. Currently Acanthus presents on the intersections of trauma, race and aging. She is truly a dynamic and inspiring speaker.

**Fee and Registration Information:** Cost is \$40 and includes 2 CE credits. To begin registration follow this link: <https://alzfdn.org/education-workshop/> Once the first step of payment process is completed a link will be emailed to register on the platform GoToWebinar. Attendees will receive a final email with a link to log on to the actual webinar at the specific start date and time. Registration remains open until start of the live webinar. Cancellations must be received 24 hours prior to the live webinar to receive a refund.

**Course Completion and CE Information**

Course completion requirements:

- Licensed social workers must attend the entire course, complete an online course evaluation, and pass the online exam by 80% which can be taken as many times as needed to pass. AFA will email all registrants who attended the entire course with a link to the exam and evaluation which are completed through SurveyMonkey.
  - Other professionals seeking CEs must also attend the entire course and complete the online evaluation. Exam not necessary.
  - Certificates of completion will be emailed or mailed (attendee's preference indicated on the evaluation) within 10 business days of course completion and the exam is graded.
- Alzheimer's Foundation of America, Inc. SW CPE is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0222.



- This program is Approved by the National Association of Social Workers (Approval # 886446769-7112) for 2 continuing education contact hours.
- Aging Through Traumatic Stress: Analyzing the Effects of Traumatic Stress and Race on Alzheimer’s Disease, #3599, is approved by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program to be offered by The Alzheimer’s Foundation of America as an individual course. Individual courses, not providers, are approved at the course level. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. ACE course approval period: 5/26/2021 – 5/26/2023. Social workers completing this course receive 2 Social and Cultural Competence continuing education credits.
- This program has been pre-approved by The Commission for Case Manager Certification to provide continuing education credit to CCM® board certified case managers. The course is approved for 2 CE contact hour(s). Activity code: I00046536 Approval Number: 210001905.

**For questions, concerns, or to request special accommodations, please call: 866-232-8484 or email Jennifer Reeder – [jreeder@alzfdn.org](mailto:jreeder@alzfdn.org).**

### System Requirements

Operating system	Windows 7 - Windows 10 Mac OS X 10.9 (Mavericks) - macOS Big Sur (11) Linux Google Chrome OS Android OS 5 (Lollipop) - Android 10 iOS 10 - iOS 12
Web browser	Google Chrome (most recent 2 versions) Mozilla Firefox (most recent 2 versions)
Internet connection	Computer: 1 Mbps or better (broadband recommended) Mobile device: 3G or better (WiFi recommended for VoIP audio)
Software	GoToWebinar desktop app GoToWebinar mobile app JavaScript <a href="#">enabled</a>
Hardware	2GB of RAM (minimum), 4GB or more of RAM (recommended) Microphone and speakers (USB headset recommended)
Mobile device	iPhone 4S or newer iPad 2 or newer