



# Young-Onset Spousal Support Group



A diagnosis of young-onset Alzheimer's disease can bring major changes to a relationship. This support group will connect you with other spouses to discuss the challenges that come with young onset, and managing your own needs. It is a space to share, listen, and support other caregivers.

**AFA's free, telephone-based support group will be ongoing, beginning  
February 1, 2017:**

**Wednesdays, 4:00-5:00 p.m. (EST)**

**To register:**

**Contact AFA's national toll-free helpline at 866-232-8484 and speak with one of  
our licensed social workers.**

**AFA's National Toll-Free Helpline: 866-232-8484  
[www.alzfdn.org](http://www.alzfdn.org)**