



Caring for a Spouse



Caring for a spouse or partner can bring unique challenges to your life. This support group will connect you with other caregivers to discuss the challenges and rewards of caregiving, and managing your own needs. It is a space to share, listen, and support other caregivers.

**This free, telephone-based support group will be ongoing,
beginning November 3**

Thursdays 7:00pm—8:00 pm EST

**Contact AFA's national toll-free helpline at 866-232-8484 and
speak with one of our licensed social workers.**

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www.alzfdn.org**